

DAY CARE DAILY SCHEDULE FOR PRESCHOOL

Our schedule will be maintained as much as possible.

6:45 – 7:00	<p>Arrival</p> <ul style="list-style-type: none"> <input type="checkbox"/> At arrival all parents must sign in on the in-sign sheet and initial (infants must also document the last time infant was feed and the amount given) <input type="checkbox"/> Start infant sheets upon infant arrival (infant sheet consists of: times feed, amount given, diaper changes, meals eaten, napping, special happenings, child’s mood, and supplies needed) <p>Infant/Preschooler:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Free play with quiet activities such as books, puzzles, table games, and non-messy art materials
7:00 – 8:00	<p>Breakfast (look at menu) as per State Food Program</p> <ul style="list-style-type: none"> <input type="checkbox"/> Clean up kitchen (put dishes in dishwasher and put away all food, clean off table and countertops, and sweep the floor) <p>Preschooler:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Everyone needs to wash their hands and brush their teeth (everyone will need your help in the bathroom doing this) <input type="checkbox"/> Children will help with clean up and play with table toys, read books, or listen to story tapes until everyone finishes breakfast and cleans up.
8:00 – 9:00	<p>Outside play (weather permitting)</p> <p>Preschooler:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Sidewalk chalk <input type="checkbox"/> Nature hunt <input type="checkbox"/> Bubbles <input type="checkbox"/> Sand box and supplies <input type="checkbox"/> Balls are always fun! So many different types of activities can be done with balls, and children love them. <input type="checkbox"/> And you can’t forget the playground it is always fun. <p>Child’s Choice Free Play Playtime (Play with kids in toy room)</p> <p>Preschooler:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Children can choose from different stations or box. Examples include blocks, legos, animals, babies, cars & trucks, books, dress up, etc. <input type="checkbox"/> Touching, feely books and textures <input type="checkbox"/> Wooden puzzles
9:00-10:00	<p>Toileting Hand Washing/Change diapers (diapers in boxes labeled with names on shelves)</p> <ul style="list-style-type: none"> <input type="checkbox"/> Diaper changes take place every 2 hours unless needed more frequently example BM <input type="checkbox"/> When changing diapers I will stress conversation with the infant to help develop the verbal skills a child needs. <p>Arts & Crafts</p> <p>Preschooler:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Children will be able to explore their imagination, be creative, and learn it is okay to do a project their own way. Examples: painting, drawing, sidewalk chalk or paint, making a craft, etc.
10:00 - 11:00	<p>Circle Time (Curriculum)</p> <p>Preschooler:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Children will each get a turn being helper for the day, we do calendar, weather, counting, patterns, ABC’s, finger plays etc. We also, have a color, shape, letter, number for each month.
11:00 -11:30	<p>Dramatic Play or Cooking (Start making lunch) (look at menu) as per State Food Program</p> <p>Preschooler:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Children will have chances to do cooking activities (i.e. make a pizza, silly faces, cookie, hot dog roll etc.) children will help on prep they do NOT actually cook. I will put them in the oven etc. If there is not something appropriate for children to prep they will engage in dramatic play, where they can be a firefighter, dancer, mommy, daddy, anything they want to be.
11:30-12:00	<p>Lunch</p> <ul style="list-style-type: none"> <input type="checkbox"/> Serve food in family-style serving bowls and small pitchers so that children can learn to pour their own milk or juice and serve their own food. Give children time to practice with pitchers during water, play, and be tolerant of spills and accidents. <input type="checkbox"/> Allow children enough time to eat. Some children are slow eaters, ample time should be allowed. <input type="checkbox"/> Try to establish a calm and pleasant atmosphere. <input type="checkbox"/> Encourage children to talk about what they are eating, how the food is prepared, or something of a solely social nature. Pleasant conversation will create a comfortable atmosphere. <input type="checkbox"/> Mealtimes are exceptionally good learning times. Children begin to serve themselves, try new goods, and develop attitudes about food and nutrition. <input type="checkbox"/> From an early age, even as young as toddlers, children can learn to set the table, clean the table after eating, and put their napkins in the trash can.

	<ul style="list-style-type: none"> <input type="checkbox"/> Have quiet activities available for those who are finished early <input type="checkbox"/> Clean up kitchen (put dishes in dishwasher and put away all food, clean off table and countertops, and sweep the floor) <input type="checkbox"/> Everyone needs to wash their hands and brush their teeth (everyone will need your help in the bathroom doing this)
12:00-12:30	<p>Story Time Preschoolers:</p> <ul style="list-style-type: none"> <input type="checkbox"/> I will read the children stories while they sit on their nap/rest area. <input type="checkbox"/> Plan a quiet activity for the children right before rest time, such as reading a story or playing soft music.
12:30 – 2:30	<p>Nap/Rest Time (Children nap on mats in the baby room. The mats are in the hall closet)</p> <ul style="list-style-type: none"> <input type="checkbox"/> Everyone has a rest period. Preschool children who can't sleep rest quietly on their cots, looking at books. As children wake up diapers are changed, hands are washed. Cots are put away. <input type="checkbox"/> Remember that each child has a different sleep pattern and a different way of falling asleep: some drop off right away, some need to suck their thumbs, or pacifiers, to relax, and others keep their eyes open until the very last minute, reluctant to miss a single thing that may be going on. <input type="checkbox"/> Have each child sleep in the same place and with the same cot every day. <input type="checkbox"/> Encourage children to bring sleep toys or special blankets from home to use at rest time. These objects can be kept on the child's cot. Children should not be teased about needing these things; they will give them up when they are ready. <input type="checkbox"/> Give children time to settle down at their own pace. Children should not be forced to sleep but encouraged to relax. Sleep usually follows. This is a good time to spend a few moments alone with each child. <input type="checkbox"/> For children who can't sleep offer a quiet time. Children can read books <input type="checkbox"/> Alternatives available for those who are finished early
2:30 -3:00	<p>Toileting Hand Washing/Change diapers (diapers in boxes labeled with names on shelves)</p> <ul style="list-style-type: none"> <input type="checkbox"/> Children will help pick up their nap mats and blankets and put away in hall closet.
3:00-3:30	Snack Time (look at menu) as per State Food Program
3:30-4:00	<p>Music Time Preschoolers:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Children will get to dance, sing, play an instrument etc. during this time.
4:00-5:00	<p>Outside play (weather permitting) Preschooler:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Sidewalk chalk <input type="checkbox"/> Nature hunt <input type="checkbox"/> Bubbles <input type="checkbox"/> Sand box and supplies <input type="checkbox"/> Balls are always fun! So many different types of activities can be done with balls, and children love them. <input type="checkbox"/> And you can't forget the playground it is always fun. <p>Child's Choice Free Play Playtime (Play with kids in toy room) Preschooler:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Children can choose from different stations or box. Examples include blocks, legos, animals, babies, cars & trucks, books, dress up, etc. <input type="checkbox"/> Touching, feely books and textures <input type="checkbox"/> Wooden puzzles <p>Toileting Hand Washing/Change diapers (diapers in boxes labeled with names on shelves) Dismissal</p> <ul style="list-style-type: none"> <input type="checkbox"/> Projects are assembled, and parent information (infant sheets) made ready. <input type="checkbox"/> Events of the day and plans for the next day are discussed with children and parents as they leave.